

**SATURDAY NIGHT DANCE**  
**w/MAJOR VICE BAND LIVE**

09:00 pm—12:00 am ~ Winston-Salem  
Dance Theme: Thank You! Recovery!  
*There will be a contest at the dance for a chance to win a CD set of this year's speakers.*

**HOSPITALITY SUITES**

**Al-Anon Hospitality Suite Rooms #130/132**  
Beverages and snacks available from 8:00 am until 11:00 pm.

**Alateen Hospitality Suite Room #115/117**  
Beverages and snacks are scheduled to be available from 8:00 am until 2:00 am.  
Hours will be posted.

***\*\*Hospitality Suites are closed during ALL scheduled meetings.\*\****

**COMMENTS WELCOME**

A compliments/suggestion box is located at the registration table. Please let us know if there is anything we can do to make your weekend more enjoyable. Also, let us know what you enjoyed most!

**THANK YOU**

**2023 CONVENTION COMMITTEE**

- Jon G. - Convention Chair
- Michelle C. - Program Chair/Co-Chair
- Angela C. - Secretary/Treasurer
- Jenna C. - Registration Chair
- Linda C. - Hospitality Chair
- Pamela Y. - Area Alateen Coordinator
- Anu B. - Area Chair
- Tracey D. - Past Convention Chair



**NEW FRIENDS**

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Al-Anon Declaration**

*Let it Begin With Me*

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and -  
Let it Begin With me

WELCOME

**49<sup>th</sup> Annual  
NC/Bermuda  
Al-Anon/Alateen  
Convention**



**The Village Inn &  
Conference Center  
Clemmons, NC**

**February 24 — 26 2023**

**Welcome!**  
**49<sup>th</sup> Annual NC/Bermuda**  
**Al-Anon/Alateen Convention**

This weekend provides a wonderful opportunity for sharing, personal growth, and recovery. The Convention Committee's goal is to offer a positive recovery event through shared fellowship, recovery experience, and fun. We are grateful you are here to share your experience, strength and hope. It just would not be the same without *you*. Please relax, listen and learn, and share ... but most of all enjoy yourself!

**THANK YOU**

The outpouring of contributions from individuals, groups, and districts has been incredible. The Convention Committee is immensely grateful for your support. Thank you for making this convention possible.

**NAME BADGES**

Your name badge permits entrance to ALL meetings, hospitality rooms, and the dance.

**SPEAKER CDS**

Recordings of all meetings are available from Mountain Recordings, Mike & Cathy B.  
 Individual CD \$7.00  
 Complete Set (5 CDs) \$30.00  
 Complete flash drive set \$30.00  
*Order your complete set no later than Saturday night so it will be available for you on Sunday morning following the speaker meeting.*

**2024 CONVENTION DATES**

February 23–25  
 Location TBD

**49<sup>th</sup> NORTH CAROLINA / BERMUDA**  
**AL-ANON / ALATEEN CONVENTION**

**SCHEDULE OF EVENTS**

Unless otherwise noted, all meetings and events will be held in the Grand Ballroom.  
 ~ ALL MEETINGS ARE OPEN MEETINGS~

**Friday, February 24**

- 3:00 pm Registration Desk opens
- 
- 7:00 pm ALATEEN / AMIAS ORIENTATION  
 Alateen Hospitality Suite, Room 115/117  
 NC/Bermuda Al-Anon/Alateen  
 Convention Safety & Behavioral Policies
- 
- 8:00 pm AL-ANON SPEAKER MEETING

**Speaker: ♡ Valentina H. - Greenville, SC**

**Meeting Starts When Music Stops!**

- 9:30 pm UNCONDITIONAL LOVE WORKSHOP—  
IVY ROOM
- Chairperson: Pamela Y.  
 Area Alateen Coordinator

- 11:00 pm AL-ANON MEETING  
LEXINGTON/MONROE ROOM

**Saturday, February 25**

- 7:00 am AL-ANON MEETING—IVY ROOM
- 
- 8:00 am Registration Desk opens
- 
- 9:00 am Writing Room Explanation—Barbara T.  
 AA SPEAKER MEETING

**Speaker: Keith B. - Rock Hill, S.C.**

**Meeting Starts When Music Stops!**

- 11:00 am ALATEEN SPEAKER MEETING

**Speaker: Grace G. - Greenwich CT**

**Meeting Starts When Music Stops!**

- 1:30 pm AL-ANON SHARING MEETING

**Saturday, February 25 (cont.)**

- 3:00 pm ALATEEN SHARING MEETING, IVY ROOM  
 AA SHARING MEETING, LEXINGTON/MONROE RM  
 SPANISH SPEAKING AL-ANON SHARING MEETING,  
 NORTH RM

- 4:00 pm AMIAS TRAINING, IVY ROOM

- 5:30 pm ALATEEN DINNER PARTY  
 Alateen Hospitality Suite, Room 115/117

- 7:30 pm AL-ANON SPEAKER MEETING  
**Speaker: Eric B. - Greenwich, CT**

**Meeting Starts When Music Stops!**

**Sunday, February 26**

- 7:00 am AL-ANON MEETING—IVY ROOM

- 10:00 am AL-ANON SPEAKER MEETING

**Speaker: Genevieve C.—Boston, MA**

**Meeting Starts When Music Stops!**

**REGISTRATION DESK HOURS**

Friday, February 24 3:00 pm - 7:45 pm  
 Saturday, February 18 8:00 am - 07:15 pm

*Registration desk is closed during ALL speaker meetings and Saturday afternoon sharing meetings.*

**RAFFLE TICKETS**

Don't forget to purchase raffle tickets!  
 CAL and Forum 1yr Subscriptions raffled